

# Health supplements

QUERCETIN

CATECHIN



Supports your daily health

# LIFE GOLD

Are you concerned about seasonal changes and sudden health risks

Are you concerned about your health or belly fat

Do you want to enjoy your meals every day



Contents: 350mg x 30 tablets

Selling price: 3,800 JPY

## Cutting edge liposome technology

Liposomes are nano-sized artificial membranes with a phospholipid bilayer structure replicating the human cell membrane. Encapsulating nutrients within liposomes prevents them from being broken down under harsh conditions such as stomach acid and increases their absorption in the intestinal tract.

### QUERCETIN

Quercetin is a type of polyphenol found in large amounts in onion skins. It can remove excess active oxygen from the body. Therefore, it effectively prevents arteriosclerosis and myocardial infarction, which are believed to be caused by oxidative stress caused by active oxygen.

### CATECHIN EGCG

It contains the highest quality catechin EGCG, found in abundance in Sencha (Japanese green tea). EGCG blocks the action of lipase, which absorbs fat into the body, increasing fat oxidation and promoting body fat metabolism.

### FLAXSEED OIL

Flaxseed oil, taken together with quercetin, supports absorption, and this product contains flaxseed oil that contains alpha-linolenic acid, a type of omega-3 essential fatty acid.



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